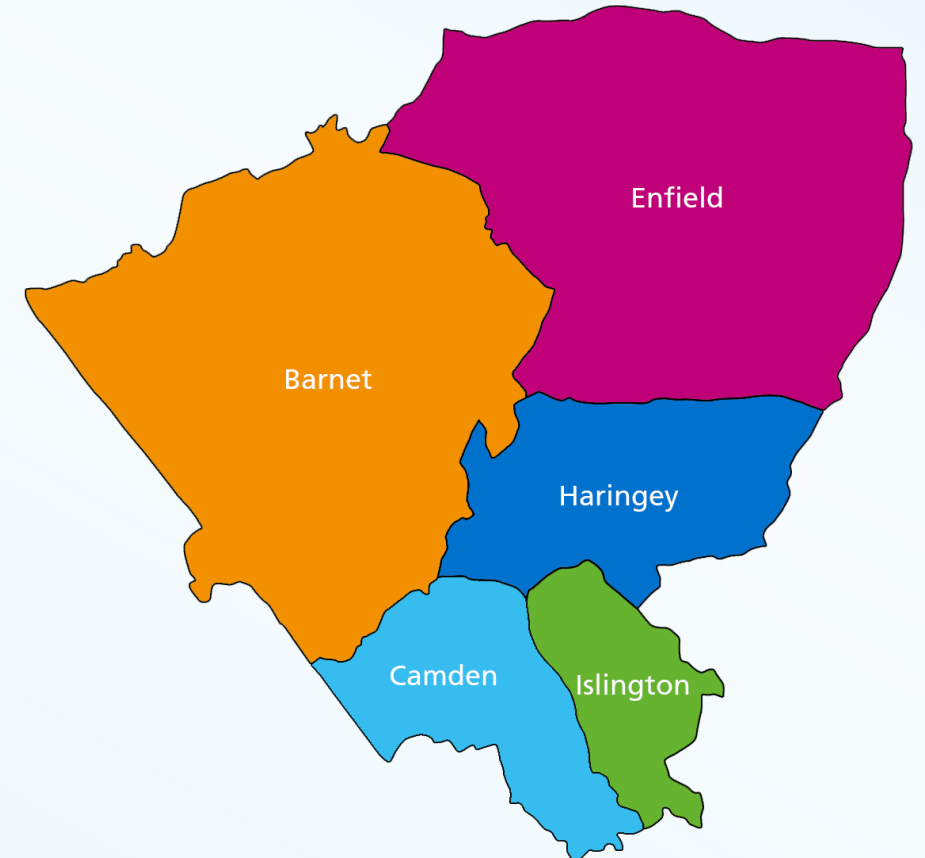




North London
NHS Foundation Trust

Haringey Health & Wellbeing Board

25th June 2026



NLFT Overview

NLFT in numbers (2025/26)



- Became the NLFT on 1 November 2024 following internal merger
- Tavistock and Portman merged into NLFT on 1 April 2026 – bringing strengths in mental health research and education
- Provide all age mental health services across North London, and children's and young people's mental health services in all boroughs apart from Islington
- Also provide specialist mental health services regionally and nationally

NLFT Strategy, Values and Culture

Our Strategy



Our Values



The North London Way Culture



National context for NHS mental health services

1. The **financial position** across the whole of the NHS has become much more challenging, with significant consequences
2. **National prioritisation of mental health has reduced**, with Mental Health Investment Standard no longer in place
3. **National NHS 10 Year Health Plan** published with three priority shifts and a focus on neighbourhood health, productivity and financial sustainability, and a **new national Mental Health Strategy being finalised**
4. Significant further change with the new **NHS Modernisation Bill**: NHSE abolished, more power to DHSC, Integrated Care Board mergers; and major reductions in corporate costs across the whole NHS

Proposed new national Mental Health Priorities

- Elimination of Out of Area Placements



- NLFT already lowest in London

- Mental Health 12-hour breaches in Emergency Departments



- New MHCAS on the Chase Farm site opening soon will further strengthen support to Urgent and Emergency Care pathway

- Children and Young People's mental health long waits



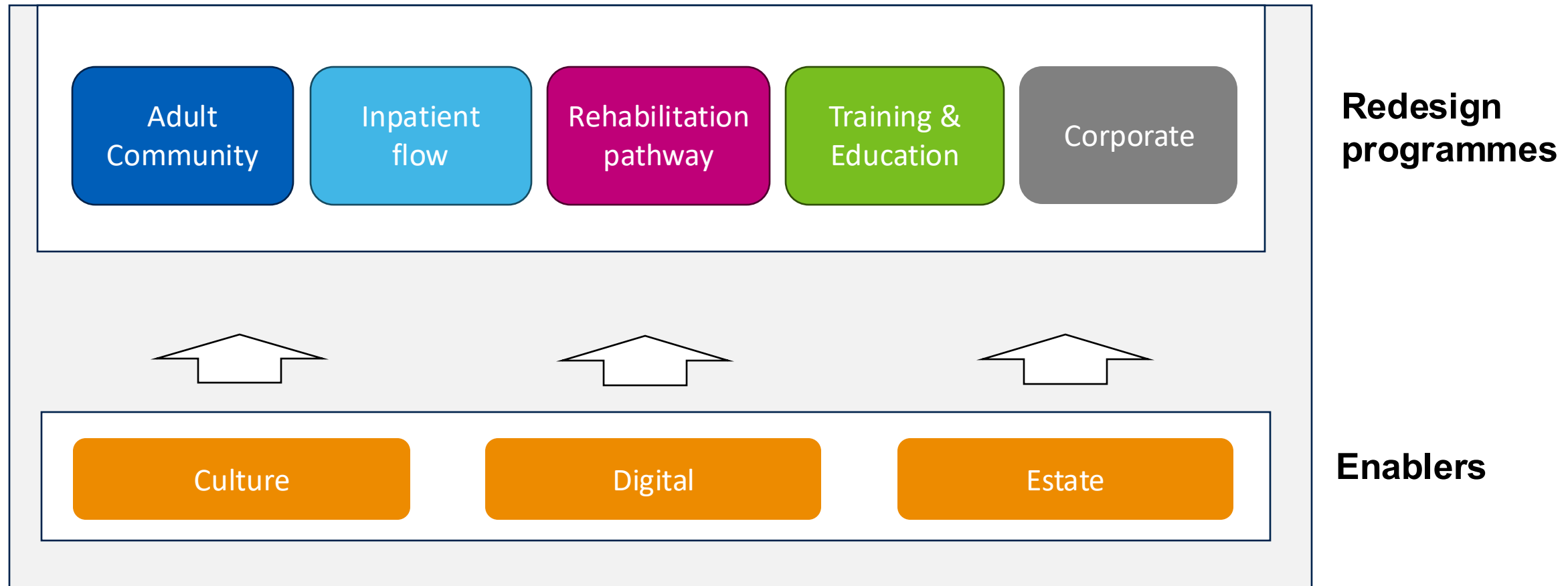
- Key role for the Community CAMHS collaborative led by NLFT

NLFT Current Priorities

- Significant efficiency requirement (c. 6%) meaning major reductions in clinical and corporate headcount
- Major redesign of acute, community and rehabilitation pathways – through our three-year Change Programme
- Embedding the new operating model with five new Clinical Care Groups
- Maintaining effective focus at place / neighbourhood level through Executive and Managing Director Leads
- CQC inspection of core services soon, followed by CQC Well Led review
- Integration of TPFT into NLFT

Five major redesign programmes and three enabling programmes are critical to our success

NLFT major change programmes



Better Mental Health. Better Lives. Better Communities



NLFT Haringey Service Developments

Creation of a Mental Health Hub for Haringey Residents at the Roger Sylvester Centre

Service Developments

- Co-location of Mental Health Services at the Roger Sylvester, to allow residents to more easily access:
- NLFT Crisis Prevention House short-term intensively supported accommodation
- Safe Haven Crisis Hub provided by Mind in Haringey
- Clarendon Recovery College provided by Haringey Council

Expected benefits for Haringey residents

- Joined-up mental health care for Haringey residents to get the help they need
- Provision of intensive mental health care in a welcoming, recovery focussed and person-centred environment.

Strategic Impact for Haringey

- Improved partnership working between the NHS, Local Authorities and VCSE providers
- Shift care from hospital to community settings
- Improve equity of access across Haringey
- To further develop the pathway with the opening of the new Chase Farm Mental Health Crisis Assessment Service (MHCAS) during 2026.



NLFT Haringey Service Developments

Expanded Mental Health expertise with the development of the Haringey Integrated Neighbourhood Teams

Service Developments

- The expanded Multi-Agency Care Co-Ordination (MACC) Team includes additional Mental Health specialist roles.
- The delivery of the Integrated Neighbourhood Team will increase the capacity to work with adults with co-morbid complex conditions who are 'rising risk'.
- The additional specialist mental health roles will allow more Haringey residents with co-morbid cognitive impairment, dementia and mental health difficulties to be supported.

Expected benefits for Haringey residents

- Treatment in the least restrictive setting (home rather than hospital)
- Reduce avoidable reactive access in Primary Care and Mental Health Services
- Deliver improvements in Long Term Conditions

Strategic Impact for Haringey

- Expanded capacity for residents with 'rising risk'
- Delivering early learning as a 'test bed' for the Integrated Neighbourhood Team.



NLFT Haringey Service Developments

Introducing specialist crisis care at home for older adults in Haringey for the first time

Service Developments

- Introducing Intensive Home Treatment care at home for older adults in Haringey
- Admission avoidance and early discharge support
- Specialist dementia and older adult expertise
- Multi-disciplinary team including consultant psychiatrist
- Service in phased development, with full-service implementation expected in the coming months as team recruitment completes.

Expected benefits for Haringey residents

- Treatment in the least restrictive setting (home rather than hospital)
- Lower risk of hospital-associated deterioration
- Improved patient and carer experience
- Greater parity with working-age crisis services

Strategic Impact for Haringey

- Shift care from hospital to community settings
- Improved equity of access
- Reducing avoidable hospital admissions
- Improved outcomes and experience for older residents and carers



NLFT Haringey Service Developments

Introducing Intensive Outreach Pathways into Core Haringey Mental Health Teams

Service Developments

- Following a review of local service provision within North London Foundation Trust, we have worked with the ICB to develop a sustainable delivery model for Intensive Outreach for service users with psychosis who find it hard to engage with our Community Mental Health Services.
- Service-users can step-up into an Intensive Outreach provision from within Core Teams.

Expected benefits for Haringey residents

- By developing an Intensive Outreach pathway as part of a Core Community Mental Health Teams, Intensive Outreach clinicians hold small ring-fenced caseloads.
- These service users can access the full range of Core Team provision, e.g. clinical psychology, Individual Placement Support employment advisors, VCSE Community Engagement workers, Peer Support, etc.

Strategic Impact for Haringey

- Delivery of a sustainable delivery model to support vulnerable Haringey residents with psychosis who find it hard to engage with our Community Mental Health Services.



NLFT Haringey Service Developments

Reducing waiting times to Access Specialist Mental Health Support

Service Developments

- NLFT has now introduced a Single Point of Access for non-urgent referrals into Secondary Mental Health Care.
- Introduction of a digital Mental health tool called 'Be Seen' to enhance our referral to assessment pathway, through patient-led questionnaires that enhance clinical reporting.
- This complements the NLFT 111 option 2 provision for urgent mental health referrals.

Expected benefits for Haringey residents

- Non-urgent referrals are triaged centrally and promptly distributed to the Specialist Mental Health Service
- The Single Point of Access is designed to simplify and improve how people access our services. By creating a single, consistent route for referrals, supporting a more efficient, coordinated and user-friendly experience for both referrers and individuals.

Strategic Impact for Haringey

- Be Seen platform improves the patient experience, reducing time to treatment and right pathway first time.
- A simpler pathway into Haringey NLFT Mental Health services.



Other considerations

Whilst there has been a reducing number of Haringey residents who are Clinically Ready For Discharge but unable to be discharged from an Older Adult mental health wards since February, performance remains in Special cause concern with funded care placements for Haringey residents as an outlier.

Older Adult CRFD as of May 2026:

Borough	No of CRFDs
Barnet	3
Camden	3
Enfield	1
Haringey	10
Islington	3

Actions being taken to address this:

Weekly Multi-Agency Discharge Events

Workshop to improve interface between NLFT, ICB and Haringey Mental Health Leads arranged for early July.